

Sunday

Monday

Tuesday

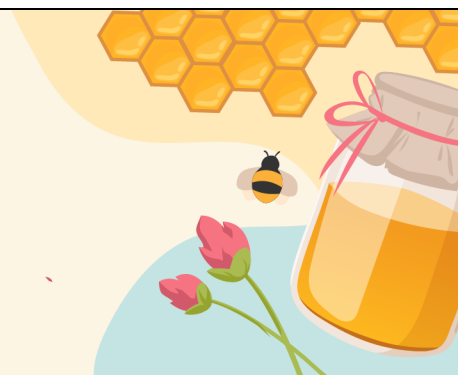
Wednesday

Thursday

Friday

Saturday

September 2023



<p>Female Reporter Day One Lump or Two? Day 3</p> <p>10:00am - Balance & Stretch 11:00am - Catholic Mass 2:00pm - Ball Toss 2:45pm - Happy Hour 3:30pm - Bingo Extravaganza</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by LC</p>	<p>National Wildlife Day Halley's Comet Discovery Day 4</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by LC</p>	<p>International Day of Charity Celebrate Service Dogs Day 5</p> <p>9:30am - Coffee Klatch (LC/SA) 10:30am - Balance & Stretch (LC/SA) 2:00pm - Ball Toss (LC/SA) 3:30pm - Yarn Wrapped Apples (SA/LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Candle Day Photo Booth Day 6</p> <p>9:30am - Balance & Stretch (LC) 10:30am - Pet Therapy w/ Levi (SA/LC) 2:00pm - Ball Toss (LC) 2:30pm - Mobile Spa (SA) 3:30pm - Tournament Games (SA/LC)</p> <p>6:00pm - Bingo (SA)</p>	<p>The Flying Nun Anniversary "I Will Survive" Day 7</p> <p>9:30am - Daily Chronicles (LC/SA) 10:30am - Balance & Stretch (LC/SA) 2:00pm - Music Therapy w/ Christina Taden 3:00pm - Ball Toss (SA) 3:00pm - Shoppin' Place (LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Wear Your College Colors Day Fungus Friday 1</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by SA</p>	<p>Rock and Roll Hall of Fame Anniversary Play Outside Day 2</p> <p>11:00am - Rosary (Conference Room) 3:00pm - Mental Mindfulness - Puzzles and Games</p> <p>6:00pm - Movie in the Parlor</p>
Labor Day						
<p>Assisted Living Week Begins Good News Day 10</p> <p>10:00am - Balance & Stretch 11:00am - Catholic Mass 2:00pm - Ball Toss 3:30pm - Take a Trip to Milan, Italy</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by LC</p>	<p>A Sad Remembrance Day Taste of Honey Day 11</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by LC</p>	<p>Marathon Origin Day Lassie's Birthday 12</p> <p>9:30am - Uplifting Stories (LC/SA) 10:30am - Balance & Stretch (LC/SA) 2:00pm - Ball Toss (LC/SA) 3:30pm - Tournament Games (SA/LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Word Game Wednesday Chocolate Factory Day 13</p> <p>9:30am - Balance & Stretch (LC) 10:30am - Pet Therapy w/ Oliver (SA/LC) 2:00pm - Oktoberfest Celebration! (LC/SA) 3:30pm - Ball Toss (LC/SA)</p> <p>6:00pm - Bingo (SA)</p>	<p>Find Your Fortune in a Cookie Day "Star-Spangled Banner" Inspiration Day 14</p> <p>9:30am - Daily Chronicles (LC/SA) 10:30am - Balance & Stretch (LC/SA) 12:00pm - Picnic in the Park 2:00pm - Ball Toss (LC/SA) 3:00pm - 1:1 Visits (SA) 3:00pm - Shoppin' Place (LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Happy Birthday Audrey Zindler! Make a Hat Day Retro TV Day 15</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by SA</p>	<p>National Stepfamily Day Mexican Independence Day 16</p> <p>11:00am - Rosary (Conference Room) 11:00am - Balance & Stretch 2:00pm - Ball Toss 2:45pm - Happy Hour 3:30pm - Bingo Extravaganza</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by SA</p>
Grandparents Day						
<p>Deaf Awareness Week Begins Balance Awareness Week Begins Constitution Day 17</p> <p>10:00am - Balance & Stretch 11:00am - Catholic Mass 2:00pm - Ball Toss 3:30pm - All About the Constitution Discussion</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by LC</p>	<p>Respect the Aged Day Happy Birthday, Frankie Avalon 18</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by LC</p>	<p>Happy Birthday Vassar Warner Home! Tickle the Ivories Tuesday Talk Like a Pirate Day (Arrr!) 19</p> <p>9:30am - Coffee Klatch (LC/SA) 10:00am - St. Mary's Live Catholic Mass 10:30am - Balance & Stretch (LC/SA) 2:00pm - Birthday Party! (LC/SA) 3:30pm - Ball Toss (SA/LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Happy Birthday Ruth Borkoski! Save a Tiger and Koala Day Sugar Day 20</p> <p>9:30am - Balance & Stretch (LC) 10:30am - Pet Therapy w/ Oliver (SA/LC) 1:30pm-3:00pm - Poughkeepsie Library Book Mobile 3:30pm - Ball Toss (LC/SA)</p> <p>6:00pm - Bingo (SA)</p>	<p>World Alzheimer's Day Bake Your Best Biscuits Day 21</p> <p>9:30am - Daily Chronicles (LC/SA) 10:30am - Balance & Stretch (LC/SA) 2:00pm - Ball Toss (LC/SA) 3:00pm - Activities Committee 3:00pm - Shoppin' Place (LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Funny Sayings Friday Elephant Appreciation Day 22</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by SA</p>	<p>American Frog Day Anniversary of Louis & Clark Return 23</p> <p>11:00am - Rosary (Conference Room) 11:00am - Balance & Stretch 2:00pm - Ball Toss 2:45pm - Happy Hour 3:30pm - Bingo Extravaganza</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by SA</p>
Autumn Begins						
<p>Beginning of National Dog Week Pacific Ocean Discovered 24</p> <p>10:00am - Balance & Stretch 11:00am - Catholic Mass 2:00pm - Ball Toss 3:30pm - Puzzles About Dogs</p> <p>6:00pm - Movie in the Parlor</p> <p>*All activities performed by LC</p>	<p>One-Hit Wonder Day Madam Justice Day 25</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p> <p>*All activities performed by LC</p>	<p>Happy Birthday Laura Strother! Love Note Day Happy Birthday, Shamu 26</p> <p>9:30am - Coffee Klatch (LC/SA) 10:15am - Pet Therapy w/ Joe & Chief (LC/SA) 10:45am - Balance & Stretch (LC/SA) 2:00pm - Trip to Walmart 3:30pm - Tournament Game (SA/LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Ancestor Appreciation Day Scarf Day 27</p> <p>9:30am - Balance & Stretch (LC) 10:30am - Pet Therapy w/ Levi (SA/LC) 2:00pm - Ball Toss (LC) 2:30pm - Mobile Spa (SA) 3:00pm - Resident Council (KP)</p> <p>6:00pm - Bingo (SA)</p>	<p>Good Neighbor Day "Hey Jude" Tops the Charts Day 28</p> <p>9:30am - Daily Chronicles (LC/SA) 10:30am - Balance & Stretch (LC/SA) 2:00pm - Music Therapy w/ Christina Taden 3:00pm - Ball Toss (SA) 3:00pm - Shoppin' Place (LC)</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>Singing Cowboy Day Fruits of the Harvest Day 29</p> <p>10:00am - Daily Chronicles 10:30am - Balance & Stretch 2:00pm - Ball Toss 3:30pm - 1:1 Visits</p> <p>6:00pm - Mental Mindfulness - Grab and Go (Or Stay) Fun!</p>	<p>International Translation Day Gum It Up Day 30</p> <p>11:00am - Rosary (Conference Room) 11:00am - Balance & Stretch 2:00pm - Ball Toss 2:45pm - Happy Hour 3:30pm - Bingo Extravaganza</p> <p>6:00pm - Movie in the Parlor</p>
Yom Kippur						
Sukkot Begins						

Lucy Canella (LC): Resident Services
Sandra O'Connell (SO): Resident Services

Sarah Atanasio (SA): Resident Services
Ruma Wadhwa (RW): Resident Services (LOA)

All activities are held in the parlor unless otherwise noted!
Kailin Perez (KP): Case Manager

*All activities are subject to change.